

DUNSBOROUGH OSTEOPATHY QUESTIONNAIRE

In an Osteopathic clinic, best results are always achieved when there is a collaborative relationship between practitioner and patient, and so effective communication is a large part of how patients get the best possible outcomes. This questionnaire is not intended to spark your interest in Osteopathy per se, but rather to push your boundaries a little. Asking perhaps unfamiliar questions, and getting a sense of your instinctive responses will help us to communicate with our patients more effectively.

Thank you for taking the time to read the home page of the Dunsborough Osteopathy website www.dunsosteo.com.au and answering some short (tick the box) questions that are here attached. Please return to dunsosteo@gmail.com.au

Please note, that any email address used to return this questionnaire, will not be used for marketing or promotional purposes; nor will you be contacted for any other reason. If you do have any questions, the clinic number can be found on our website and we will gladly answer your questions the best way we can. All responses are strictly confidential.

Many thanks,

Dr. David Bennett BEcons, BAppSc, BOstSc (Registered Osteopath).

Name (optional): _____

Occupation (if retired then previous occupation): _____

Location (town): _____

Sporting group (if relevant): _____

Male/Female: _____

Age: _____

| Statement | Strongly Agree | Agree | Neutral | Disagree | Strongly Disagree |
|--|----------------|-------|---------|----------|-------------------|
| Please mark the most relevant box. | | | | | |
| Your philosophy and approach to treatment appeals to me. | | | | | |
| I'm not familiar with this subject or your approach to treatment. | | | | | |
| My physical body has a role to play in my ongoing health. | | | | | |
| Emotions have a role to play in my ongoing health. | | | | | |
| A Higher Power (of my own understanding) has a role to play in my ongoing health. | | | | | |
| When appropriate, I prefer a treatment that is upbeat and entertaining. | | | | | |
| When appropriate, I prefer a treatment that is quiet and meditative. | | | | | |
| I prefer my practitioner to use a gentle touch in my treatment. | | | | | |
| I prefer my practitioner to use some physical force in my treatment. | | | | | |
| People influenced by Western Culture often perceive themselves as being unique individuals - different from others, Nature and God. | | | | | |
| Indigenous cultures have first-hand knowledge of the interconnectedness of life – of all things functioning as a seamless and integrated whole. Albert Einstein revered this intelligence within nature. | | | | | |
| I trust the source of knowing intelligence within my own self-healing body. | | | | | |
| If I can relax and let go, my body becomes more capable of finding Health within. | | | | | |
| An Osteopath helps me find balance and a central stillness within (a doorway to my true Self). | | | | | |
| An orientation to my true Self (Health present within), positively influences my body's self-healing capacity. | | | | | |
| Even with a terminal illness, the peace and joy of finding Health can be experienced – this it is said, is the purpose of life. | | | | | |
| Letting go of the expectations of a specific outcome (when attending a health clinic) can free and positively influence my body's self-healing capacity. | | | | | |
| If you would like to modify any previous answers, please indicate your new choice with a circle. | | | | | |